



Effect of arachidonic acid on prostanoid synthesis and reproductive physiology in Atlantic cod

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Why arachidonic acid (ARA)

- ARA is lower in
 - Eggs from farmed fish compared to wild fish
 - Eggs from fish fed compound diets vs trash fish (Bell&Sargent 2003; Cejas et al. 2003)



• Studies in japanese flounder and Atlantic halibut show that there is an optimum level of ARA, where higher or lower levels give reduced spawning performance (Furuita et al. 2003;Bromage et al. 2001; Mazorra 2000; Alorend 2004)

Arachidonic acid in reproduction

- Precursor of prostaglandins (PG)
 - ✓ Modulate steroidogenesis
 - \checkmark Regulation of ovulation and oviposition
 - \checkmark Some PGs can act as pheromones
 - Stimulate male sexual behaviour
 - Synchronise male and female spawnings
 - Effect on fertilisation
- Other functions suggested are their involvement in
 - ✓ Embryogenesis
 - ✓ Hatching and early larval performance
 - \checkmark Development of the immune system



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Trial design to study effect of ARA in Atlantic cod



- Atlantic cod (n=3200; bw=2.3kg; age 2 yrs) distributed in 8 sea net pens (5x5x5m) at Austevoll Aquaculture Research Station in May 2005, after first spawning
- Fish fed diets with increasing levels of ARA: 0.5, 1, 2, 4% of total FA, in duplicate





Sampling







Each month, length weight and organindices were registered and samples were taken for analyses









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Development in GSI



Median GSI in female cod through the feeding trial





Ovarian incorporation of ARA











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Role of PGs in ovulation





Plasma estradiol-17 β levels through the experimental feeding period







Plasma vitellogenin





Effects of dietary ARA on spawning success

- The spawning season was extended in the high ARA group
- Fecundity was higher with intermediate than with high and low levels of ARA
- Hatching rates were highest , and incidence of early deformities were lowest at 2% ARA.
 - ARA affects reproductive physiology, fecundity and egg quality



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Prostaglandins (PGE2) in ovary





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Regression results -PGs in ovary

	Slope	Intercept	r ²	P slope
PGE ₂				
November	0.51	-	0.26	0.001
January	0.55	-	0.21	0.004
February	-	219	0.005	n.s.
PGF ₂				
November	-	110	0.047	n.s.
January	0.46	-	0.31	3*10-4
February	-	173	0.02	n.s



Conclusions

- Dietary ARA affects reproduction at several levels in Atlantic cod:
 - Prostaglandin synthesis
 - Steroid synthesis
 - Vitellogenesis
 - Fecundity
 - Egg viability
 - Larval deformities



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